

MARCH

Pool Schedule



800 South Park Lane
Knoxville, IA 50138
641-828-0580
www.knoxvilleia.gov

Center Hours:
Mon-Fri: 5am-9pm
Sat: 7am-7pm
Sun: 1-5pm

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Lap Swim 5:30-7:30am Deep/Shal. Cardio 7:50-8:30am Adult Open Swim 8:40-11:30am Lap Swim 4-6:15pm Aqua Zumba 6:20-7:00pm Open Swim 7:10-8:30pm	2 Lap Swim 5:30-8:30am Adult Open Swim 8:40-11:30am Lap Swim 4-5:40pm Swim Lessons 5:50-6:55 Open Swim 7:10-8:30pm	3 Lap Swim 5:30-7:30am Deep/Shal. Travel 7:50-8:30am Adult Open Swim 8:40-11:30am Lap Swim 4-6:15pm Aqua Strength 6:20-7:00pm Open Swim 7:10-8:30pm	4 Lap Swim 5:30-8:30am Adult Open Swim 8:40-11:30am Lap Swim 4-5:40pm Swim Lessons 5:50-6:55pm Open Swim 7:10-8:30pm	5 Lap Swim 5:30-7:30am Deep/Shal. Strength 7:50-8:30am Adult Open Swim 8:40-11:30am Lap Swim 4-6:15pm Deep Aqua Jog 6:20-7pm Open Swim 7:10-8:30pm	6 Lap Swim 11:30am-1pm Open Swim 1-4pm Lap Swim 4-5pm Open Swim 5-6:30pm
7 Open Swim 1-4pm Lap Swim 4-4:45pm	8 Lap Swim 5:30-7:30am Deep/Shal. Cardio 7:50-8:30am Adult Open Swim 8:40-11:30am Lap Swim 4-6:15pm Aqua Zumba 6:20-7:00pm Open Swim 7:10-8:30pm	9 Lap Swim 5:30-8:30am Adult Open Swim 8:40-11:30am Lap Swim 4-5:40pm Swim Lessons 5:50-6:55 Open Swim 7:10-8:30pm	10 Lap Swim 5:30-7:30am Deep/Shal. Travel 7:50-8:30am Adult Open Swim 8:40-11:30am Lap Swim 4-6:15pm Aqua Strength 6:20-7:00pm Open Swim 7:10-8:30pm	11 Lap Swim 5:30-8:30am Adult Open Swim 8:40-11:30am Lap Swim 4-5:40pm Swim Lessons 5:50-6:55 Open Swim 7:10-8:30pm	12 Lap Swim 5:30-7:30am Deep/Shal. Strength 7:50-8:30am Adult Open Swim 8:40-11:30am Open Swim 1-4pm Lap Swim 4-6:15pm Deep Aqua Jog 6:20-7pm Open Swim 7:10-8:30pm	13 Lap Swim 11:30am-1pm Open Swim 1-4pm Lap Swim 4-5pm Open Swim 5-6:30pm
14 Open Swim 1-4pm Lap Swim 4-4:45pm	15 Lap Swim 5:30-7:30am Deep/Shal. Cardio 7:50-8:30am Adult Open Swim 8:40-11:30am Lifeguard Recert 11:30am-4pm Lap Swim 4-6:15pm Aqua Zumba 6:20-7:00pm Open Swim 7:10-8:30pm	16 Lap Swim 5:30-8:30am Adult Open Swim 8:40-11:30am Lifeguard Recert 11:30am-4pm Lap Swim 4-5:40pm Swim Lessons 5:50-6:55 Open Swim 7:10-8:30pm	17 Lap Swim 5:30-7:30am Deep/Shal. Travel 7:50-8:30am Adult Open Swim 8:40-11:30am Open Swim 1-4pm Lap Swim 4-6:15pm Aqua Strength 6:20-7:00pm Open Swim 7:10-8:30pm	18 Lap Swim 5:30-8:30am Adult Open Swim 8:40-11:30am Open Swim 1-4pm Lap Swim 4-5:40pm Swim Lessons 5:50-6:55 Open Swim 7:10-8:30pm	19 Lap Swim 5:30-7:30am Deep/Shal. Strength 7:50-8:30am Adult Open Swim 8:40-11:30am Open Swim 1-4pm Lap Swim 4-6:15pm Deep Aqua Jog 6:20-7pm Open Swim 7:10-8:30pm	20 Lap Swim 11:30am-1pm Open Swim 1-4pm Lap Swim 4-5pm Open Swim 5-6:30pm

Sauna & Hot Tub Open During: Adult Swim, Open Swim, Lap Swim, & Aqua Classes
 Limit 2 people in the Sauna and 2 people in the Hot Tub.
Wading Pool Open During: Adult Swim, Open Swim, & Lap Swim

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
21 Open Swim 1-4pm Lap Swim 4-4:45pm	22 Lap Swim 5:30-7:30am Deep/Shal. Cardio 7:50-8:30am Adult Open Swim 8:40-11:30am Lap Swim 4-6:15pm Aqua Zumba 6:20-7:00pm Open Swim 7:10-8:30pm	23 Lap Swim 5:30-8:30am Adult Open Swim 8:40-11:30am Lap Swim 4-5:40pm Swim Lessons 5:50-6:55 Open Swim 7:10-8:30pm	24 Lap Swim 5:30-7:30am Deep/Shal. Travel 7:50-8:30am Adult Open Swim 8:40-11:30am Lap Swim 4-6:15pm Aqua Strength 6:20-7:00pm Open Swim 7:10-8:30pm	25 Lap Swim 5:30-8:30am Adult Open Swim 8:40-11:30am Lap Swim 4-5:40pm Swim Lessons 5:50-6:55 Open Swim 7:10-8:30pm	26 Lap Swim 5:30-7:30am Deep/Shal. Strength 7:50-8:30am Adult Open Swim 8:40-11:30am Lap Swim 4-6:15pm Deep Aqua Jog 6:20-7pm Open Swim 7:10-8:30pm	27 Lap Swim 11:30am-1pm Open Swim 1-4pm Lap Swim 4-5pm Open Swim 5-6:30pm
28 Open Swim 1-4pm Lap Swim 4-4:45pm	29 Lap Swim 5:30-7:30am Deep/Shal. Cardio 7:50-8:30am Adult Open Swim 8:40-11:30am Open Swim 1-4pm Lap Swim 4-6:15pm Aqua Zumba 6:20-7:00pm Open Swim 7:10-8:30pm	30 Lap Swim 5:30-8:30am Adult Open Swim 8:40-11:30am Lap Swim 4-6:15pm Open Swim 6:20-8:30pm	31 Lap Swim 5:30-7:30am Deep/Shal. Travel 7:50-8:30am Adult Open Swim 8:40-11:30am Lap Swim 4-6:15pm Aqua Strength 6:20-7:00pm Open Swim 7:10-8:30pm			

Overview of COVID-19 Guidelines

- If you are sick or do not feel well, stay home
- 30 Minute time limit on lap swim if there are people waiting. During lap swim, please swim over the black lines and remain in your lane at all times.
- If you need to use pool equipment, please ask a lifeguard to get it for you. They will sanitize all equipment after each use.
- Limit of 2 people in the Sauna and 2 people in the Hot Tub at a time.

Sauna & Hot Tub Open During: Adult Swim, Open Swim, Lap Swim, & Water Fitness Classes
 Limit 2 people in the Sauna and 2 people in the Hot Tub.

Wading Pool Open During: Adult Swim, Open Swim, & Lap Swim

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